



The Village News

August 2024

NEIGHBORS HELPING NEIGHBORS STAY NEIGHBORS

IN THIS ISSUE

Clark County August Events

Below is a list of some August fun in Clark County for you to explore with your Village friends. Please let us know if you would like us to help arrange a group outing for the in-person.

Vancouver Art and Music Festival-August 2-4th. Free to all ages, the art and music festival features award winning musicians, visual artists from across the region and talented performers. Explore stages, pop-up galleries, art demonstrations, family activities and local vendors in Esther Short Park and downtown Vancouver. For more information, go to: <https://www.vancouverartsandmusicfestival.com>

Summer Nights Sips & Bites: 8/15, 5-9 p.m. Enjoy sips of handcrafted cocktails, mocktails, and tantalizing food from downtown Camas restaurants. Tropical attire is encouraged. Cost is \$25 For more info, go to: <https://downtowncamas.com/event/summer-nights-sips-bites/>

NW Book Fun in the Sun 8/17, 10-3 p.m. Come purchase books signed by PNW authors (last year they had 24 authors attend), talk to them about the writing process, and attend a free writing workshop. It will be at the Historic Covington Historic House at 4201 Main St. Vancouver. For more info, go to: <https://nwbookfun.com>



The vegetables are growing and flowers are blooming. Discover tips on how to prepare your garden for fall on [page 2](#).



We have been talking about how to prepare for an emergency. See how VCC will help you get started on [page 4](#).



A popular scam is to convince you that you won money. Find out how to tell if it's real on [page 5](#).

Clippings from the Garden

August 2024

Garden Report:

I'll just bet many of the gardeners out there are beginning to see some tomatoes ripen up. I just munched on the first Sun Gold tomato from the back yard. As usual, it does not disappoint. The Mortgage Lifters are just beginning to set fruit, and the Japanese Tritele has quite a few already set. They are about one inch in diameter. I do not know how large they will get. This is my first experience with this variety. The Mortgage Lifters will get quite large - as big as my fist, but it will take quite a while for them to ripen up. All of my plants were put in their pots as starts that I purchased from the Master Gardener sale here in Clark County. They were planted around Mother's Day.



The strawberries are being eaten by squirrels and bunnies. A few berries are coming in the top pockets of the Green Stalk, but the lower ones are being bunny munched. It doesn't really bother me that much. I enjoy watching the animals in the yard.

The begonias, coleus, fuchsias, dahlias, and hydrangeas look great and they require minimum maintenance.



Two pots of Bubble Gum petunias in the front yard are going great guns.

Garden Chores for August:

- *. If you want to have a fall kitchen garden, then now is the time to start those seeds: the Brassicas - broccoli, cauliflower, cabbages, kale and all the greens. Garlic goes into the ground later for harvest next summer.
- *. Begin to trim up flowering shrubs that are looking a bit tired. You will probably get a small fall bloom.
 - Divide primroses, poppies, candytuft, and day lilies
 - Do not apply fertilizer to trees and shrubs. Decrease water on broad leaf evergreen shrubs.
 - Feed chrysanthemums lightly at two-week intervals
 - Deep water dahlias at ground level to sustain growth and reduce danger of mildew.
 - Spray for apple maggot, if needed. Continue control of codling moth on apples.
 - Prune fall webworm nests from ornamentals and destroy.
 - Fertilize June-bearing strawberries.

The most important thing to do is enjoy your garden. Have several comfortable places to sit and take it all in. If possible, invite others to join you if that fits with your style. Listen to the birdsong. Try to spend time to just enjoy the beauty of it. Put off making the lists of all the things you know you need or want to do. I have a hard time with that one.



Garden On!

Janet

August VCC Events

Check the website calendar before all events/meetings for any changes or updated information. (<https://villagesclarkcounty.org/blank-page/events/>). Also check your email for evites and more information. All in-person events are subject to current COVID guidelines and may become virtual or rescheduled if needed. VCC events are for Members and Volunteers (Villagers) unless noted as "Public".

Aug. 3rd @ 8:40-2:30 p.m. VCC Table at Ridgefield First Saturday (Davis Park). Join us to tell others the VCC story. Contact Janet @ 541-992-1141 for details. Check the calendar and MailChimp notices for other table events.

Aug. 3rd @ 10:30-11:30. V101. See details below.

Aug. 8th @ 1-3 p.m. Governing Council. Join us in person at First Presbyterian Church, Library Room or on Zoom. Villagers are encouraged to attend. Contact Janet Houck via email at jhouck@villagesclarkcounty.org

Aug. 11th @ 1-4 p.m.-VCC Picnic Potluck. See page 5 for details.

Aug. 12th and Aug. 26th @ 10-12 p.m. InStitches hand stitching group. Call 360-553-1520 for location and addresses.

Aug. 21st @ 10 a.m.-Book Club. See details below.

Aug. 24th @10-Chair Yoga at Patricia Rimmer's house, where there will be 30 min. of YouTube instructor-led session and then we will share a healthy breakfast snack, coffee, or tea. Call the VCC office to RSVP and to get the address.

Aug. 28th @ 1-3 p.m.-All Volunteer Roundtable. All Volunteer Roundtable (Hybrid) at First Presbyterian Church Rm 121@ on Zoom. Volunteers only.

VCC Book Club

Wednesday, August 21st at 10:00 A.M. in the First Presbyterian Church Library. This month read, is "The Wife" by Meg Wolitzer



V-101

Come learn about how Villages Clark County can help you "age in place."

When: August 3rd 10:30-11:30

Where: Vancouver Community Library-Skamania Room

901 C St. Vancouver, WA.

Villages Night at the Hillsboro Hops Game-August 8th

What says summer better than an evening of baseball in the shade with family, friends and fellow villagers? Join us for this year's event at Ron Tonkin Field - just off Highway 26 in Hillsboro – where the Hops will be playing the Everett AquaSox. We have reserved a block of tickets in Section 3, which will be in the shade about the time the game begins at 7:00. Order your tickets now. Friends and family welcome! Put a group together from your Village and plan to carpool. Order your tickets today on the [RiverWest Village website](#).

WHAT IF (Emergency Preparedness)?

This is the third in a series of articles on emergency preparedness. The information is based upon the recommendations of the Clark County Commission on Aging.

How to make a plan for emergencies - "A journey starts with one step."

Question: How do I begin? Answer: So far;

- In May we covered how to access information to keep you informed of pending emergencies, including how to stay informed during the emergency.

- In July we discussed the need to think about the most likely emergency events and how to create a plan for that. In July we emphasized that YOUR emergency plan must be PERSONALIZED to your needs and situation.

Answer continued: There is no 'one size fits all' plan.

- YOU will need to Personalize your plan.
- There is a great YouTube video to help @ mil.wa.gov.
- Or download your own copy of Prepare in a Year @ www.cresa911.org>Booklets>Prepare in a Year Guide (Language of choice)

To learn more contact CRESA911 @ 360-737-1911 or go to <https://www.cresa911.org>

Now, we want to let you know what Villages Clark County will do to help all our members and volunteers prepare for an such emergency. **During August, Village Clark County will be distributing tote bags with the "Prepare in a Year" booklet and "Emergency Preparations for Older Adults" leaflet. These items are a GIFT to you from CRESA911 (Clark Regional Emergency Services Agency).**

Humor Corner

I got myself a seniors' GPS. Not only does it tell me how to get to my destination, it tells me why I wanted to go there.

The fact that Keith Richards has outlived Richard Simmons really makes me question this eating healthy & exercise thing.

Living with a dog is 90% following each other around, watching each other go potty, and wondering what the other has in their mouth 😊😊

VCC Wishes a Happy August Birthday to:

Louise Lane (8/2)

Donald Coville (8/4)

Shirley Phillips (8/11)

Bill Mauck (8/17)

Ramona Perkins (8/24)

Preston Seu (8/31)

Other notable celebrities with August Birthdays are:

Peter O'Toole (8/2)

Louis Armstrong (8/4)

Stephan Wozniak (8/11)

Robert DeNiro (8/17)

Cal Ripken Jr. (8/24)

Richard Gere (8/31)



Senior Scam Alert Series by Aura

This month we are looking at Sweepstakes and Elder Lottery Scams. Fraudsters reach out to an elderly victim and claim that they've won a contest, lottery, or sweepstakes that they have never entered. But to receive winnings, they'll need to pay upfront fees and taxes and supply their banking information for the transfer.

Scammers will often string along their victims for months or years, claiming that they need additional payment. But any money that's sent goes straight to the scammer.

Warning signs of sweepstakes and lottery fraud:

- You or a loved one receives a notification that you have won a large sum of money from a contest you never entered.
- The person you speak with asks for upfront payment through non-traceable methods (gift cards, wire transfers, etc.)
- They ask for your banking information to complete the deposit.

Beware: There is a scam going on in Clark County where a caller tells you that you have missed jury duty, there is a warrant out for your arrest and the only way to make it go away is to send them money. The callers have believable information about you and have paperwork that looks credible. Do not give them any money if you receive one of these calls. It is not true, and anything like this can be verified by calling Clark County Courthouse at 564-397-2049. There is also more information on their website about the scam at <https://clark.wa.gov/superior-court/jury-service-scam>

VCC Picnic Potluck

When: Sunday, Aug. 11th from 1-4 p.m.

Where: 26111 NE 10TH ST. Camas, WA.

BRING: to the picnic for yourself and your guest(s)

- A dish to share
- Lawn chair(s)
- Tableware & cutlery (not disposable)
- Water bottle or B.Y.O.Beverage(s)
- Sun protection. Picnic tables are in the shade.
- Serving utensils if needed
- Cooler for cold items or insulated container for hot items



Remembering Gerry Wiser



It is nearly the first anniversary of the passing of Gerry Wiser. She was a member of Villages Clark County for only a short while, but certainly left a memorable impression! Gerry was a character! I mean that in the best possible way. Irascible, spunky, humorous, loving, emotive, fierce, and warrior-woman-like every day that we knew her. She LOVED life and fought hard to remain in-charge and independent. She stayed in her home, until it was not safe for her to continue to live there. Her daughter Linnea advocated and supported her mother's independent streak and her neighbor Bette coached the VCC volunteers about how to do things "Gerry's way". In her last days, she was lovingly cared for, around the clock by her family, in their home. We should all be so blessed to have such loving and supportive persons in our lives.

(Left to Right: Linnea, Gerry Wiser, and Cyrene)



Memorial service for Barbara Ann Bush Doenecke

Saturday, September 14th, 2024 at 11am

Reception to follow

Where: Messiah Lutheran Church

905 NW 94th Street

Vancouver, WA 98665

Please RSVP to doenecke@hotmail.com

so we can estimate the reception size

