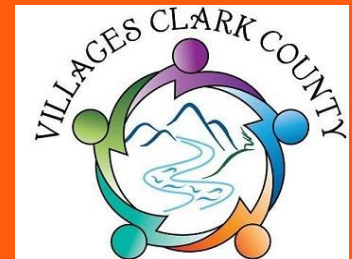




The Village News



May 2025

NEIGHBORS HELPING NEIGHBORS STAY NEIGHBORS

IN THIS ISSUE

Clark County May Events

Below is a list of some May fun in Clark County for you to explore with your Village friends. Please let us know if you would like us to help arrange a group outing for the in-person.

Charcuterie Board Workshop-5/3 @ 2 p.m. @ Heathen Brewing. Transform a sustainable source live edge piece of Black Walnut into a charcuterie board that is ready to use. All tools and supplies are provided. For more details, go to: [Charcuterie Board Workshop\(Board Only\) Tickets, Sat, May 3, 2025 at 2:00 PM | Eventbrite](#)

Historic Trust Secret Spaces Tour 5/3 and 5/31. On 5/3 there is a Three House Tour of Marshall House, Grant House and the O.O. Howard House. On 5/31, there's a tour of the Post Hospital. Both tours will give you access to places that the public hasn't been in in years. For more info and to register, go to: [Events from June 2, 2019 – April 6, 2024 – The Historic Trust](#)

Master Gardener Plant Sale 5/9 and 5/10 by appt and 5/11 open to public @ Heritage Farm in Vancouver. It's time to get your vegetables, plants, herbs and flowers. You can make an appointment for Friday or Saturday (sign up soon) or it's open to all on Sunday. For info and reservations go to: [Master Gardeners | Clark County | Washington State University](#)



SR requests for outdoor help are on the rise. Find out what info we need to make your request a success on [page 2](#).



April was Volunteer Appreciation month. See the stats on how much our volunteers helped last year on [page 4](#).



We sadly lost one of our founding members in March. Find out who on [page 5](#)

Yard and Garden Service Requests

Spring and Autumn are both seasons that prompt us to want to care for our outdoor environment. Sometimes the tasks that are necessary are too much for a member. That is when members may turn to Villages Clark County for help.

CONSIDER the following:

- Would/could you ask a close friend or neighbor to help you with this need?
- Have you asked others to help before contacting VCC ?
- Is the request something that would/should be done by a vendor/professional company?
- Can my job be completed in 1-1½ hr?



REMEMBER the following:

- Village Volunteers are just that, volunteers. They choose to or not to volunteer for an opportunity to help.
- The weather forecasted may be a factor - what contingencies plans can you devise?
- What are the tools necessary to do the job? Do you have them?
- The volunteer has agreed to a specific job - They expect to do 'that' job. If there is a change in what is needed, a new service request must be created.
- It is the responsibility of the member to cancel a job that is no longer needed or suitable and make a NEW request.
- Plan ahead - Spring and Autumn come at the same times every year!

RECOMMENDATION and EXAMPLE: All Service Requests for outdoor work require the following: 1) Definition 2) Description- what is the size of the area you are referencing? What is the current condition of the area? 3) Details Definition: What are the specific tasks that you want accomplished? Generally, what are you asking for - the goal.

An Example: Define "I'd like to have debris picked up from my yard" Describe: This SR is only my front yard. There are lots of small and a few bigger twigs and branches that need to be removed. The larger ones can be dragged to the (? compost, street, etc.). None of the larger ones need to be cut up to move. Otherwise, raking the small stuff and move it to my yard bin I s what I am asking for. Detail: I'd like to make sure that my front walk is clean, for safety reasons, otherwise I'd like my front lawn to look tidy. I hope that is possible, my priority is my front walk and the large twigs/branches.

IMPORTANT CONSIDERATION: BOTTOM LINE • It is your responsibility to make sure the Service Request is able to be accomplished in one hour session with an additional ½ hour for cleanup. • Large projects that would require multiple visits, may be more appropriate for a yard care service. • A Volunteer WANTS to help. Your understanding makes that possible.

May VCC Events

Check the website calendar before all events/meetings for any changes or updated information.

(<https://villagesclarkcounty.org/blank-page/events/>). Also check your email for evites and more information. All in-person events are subject to current COVID guidelines and may become virtual or rescheduled if needed. VCC events are for Members and Volunteers (Villagers) unless noted as "Public".

Tuesdays at Ten-5/6, 5/13, 5/20, and 5/27 Coffee and breakfast at The KitchenTable in Salmon Creek. 1319 NE 134th St. Vancouver.

Thursdays at 9:30-5/1, 5/8, 5/15, 5/22, and 5/29 Coffee and breakfast at Sunny's Diner 1801 SE 164th Ave (same parking lot as Big Al's)

May 7th @ 1-3 p.m. Work Party to prepare Drive By & Say Hi - Gift Bags FPC Rm 121

May 8th @ 1-3 p.m. Governing Council. Join us in person at First Presbyterian Church, Library Room or on Zoom. Villagers are encouraged to attend. Contact Janet Houck via email at jhouck@villagesclarkcounty.org

May 12th and May 26th @ 10 a.m. InStitches handstitching group. Call the office 360-553-1520 for location of members' homes. Come and stitch, knit, crochet, mend, chat, drink coffee and tea, and gather.

May 20th @ 10 a.m.-Book Club. See details below.

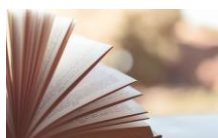
May 24th @ 10:30 a.m. V-101. See details below.

May 28th @ 1-3pm All Volunteer Roundtable First Presbyterian Church, Rm 121.

VCC Book Club

Wednesday, May 20th at 10:00 A.M. in the First Presbyterian Church Library.

We are reading: "Grace and Grit" by Lilly Ledbetter



V-101

Come learn about how Villages Clark County can help you "age in place."

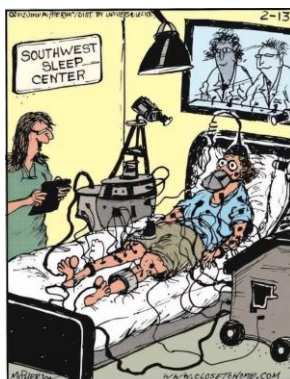
When: Saturday, May 24th at 10:30 a.m.

Where: Camas Library 625 NE Fourth Ave. Camas, WA.

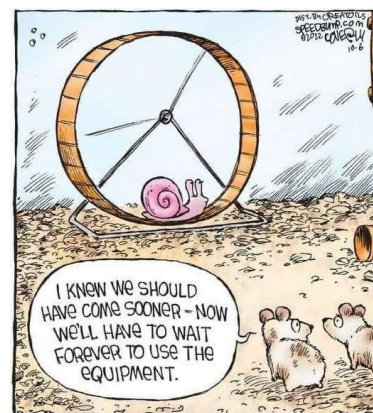
Humor Corner

I FOLD FITTED SHEETS
EXACTLY HOW I'D
FIGHT OFF A
BOA CONSTRUCTOR

-Becki Robinson 2025



"OK, Mrs. Tully. We want you to relax, get a good night's sleep, and we'll evaluate any sleep issues that you have."



Volunteers are Appreciated Every Day!

Villages Clark County (All the Villagers) wish to express their gratitude to all the many (74) Volunteer Villagers that help every day by offering their time, gas expense, compassion and care. April was Volunteer Appreciation month, and we wish to assure that ALL Volunteer Villagers know we appreciate all they do for us.

Total time offered in **direct assistance** to Member Villagers in 2024 = 2852 hours by 51 volunteers Total time offered **in support of VCC** (the organization) in 2024 = 2412 hours by 42 volunteers. **THANK YOU to ALL OUR VOLUNTEERS - YOU ARE AWESOME!**



SAVE THE DATE: Envisioning my Future: Guarding Against Schemes, Scams and Fraud

Thursday, June 19, 10:00 am-2:30 pm

Moreland Presbyterian Church

1814 SE Bybee Blvd, Portland OR 97202

RSVP Now: <https://evite.me/2FAJz98shT>

When you RSVP, include your Village and dietary limitations in the notes.

Learn about common devastating schemes, scams, and fraud and how to protect yourself.

VCC Wishes a Happy May Birthday to:

Susan Odenbach (5/3)

Cathy Boyer (5/11)

Michelle Adelman (5/13)

Aggie Blackmer (5/17)

John Treosti (5/19)

Other notable celebrities with May Birthdays are:

James Brown (5/3)

Irving Berlin (5/11)

Stephen Colbert (5/13)

Sugar Ray Leonard (5/17)

Pete Townshend (5/19)



Au Revoir, Dannie



Dannie Anderson passed away unexpectedly but peacefully on March 11, 2025. She has been an active (behind the scenes) contributor to Villages Clark County since it was just an idea in 2016. She joined VCC as one of the first members in February 2019 and is the only person to have made an extra Founding Member donation. She also served as one of our first Governing Council Chairs. She has never sought the spotlight nor any recognition, but has helped in many ways, including promoting VCC in the Camas-Washougal area.

As a nurse, she dedicated her career to hospice and home health care, providing comfort and care to those in their most vulnerable moments. When Dannie moved to Camas to be closer to her children in Oregon. She found a great community in Washington and enjoyed attending newcomer's events, "lunching with the ladies," re-learning to play bridge, and attempting to learn Mahjong. She also remained deeply committed to helping others navigate grief and loss. She volunteered tirelessly with Survivors of Suicide, TIPS, No One Dies Alone, and multiple hospice and home care organizations, offering solace and support to those in need.

Dannie loved to travel and has moved on to her final journey. She will be missed by all who knew her. Bon Voyage, Dannie



The Messenger is published monthly in Southwest Washington to educate, inform and inspire the area's 50-plus readers toward living a full and healthy lifestyle. Each April it includes a resource listing called the Senior Finder (link below). You will find **Villages Clark County** listed on page 19 and highlighted on page 32.

<https://themessengerwa.com/senior-finder-2025>

Tips to Reduce Hazards at Home from Timberline Physical Therapy

In stairways, hallways, and pathways:

- Have handrails on both sides of the stairs, and make sure they are tightly fastened. Hold the handrails when you use the stairs, going up or down. If you must carry something while you're on the stairs, hold it in one hand and use the handrail with the other. Don't let what you're carrying block your view of the steps.
- Make sure there is good lighting with light switches at the top and bottom of stairs and on each end of a long hall. Remember to use the lights!
- Keep areas where you walk tidy. Don't leave books, papers, clothes, and shoes on the floor or stairs.
- Check that all carpets are fixed firmly to the floor so they won't slip. Put no-slip strips on tile and wooden floors. You can buy these strips at the hardware store.
- Don't use throw rugs or small area rugs.



Clippings from the Garden

May, 2025

By Janet Houck

Lilacs

As I look out the window on April 21st, the lilacs in my backyard are in full bloom. They are right on time. And they are just gorgeous. When I stick my nose in a bloom it is pure joy. There are two shrubs that I have pruned up. There is plenty of room to grow other plants in the understory that will do well and will fill in nicely. One lilac is near my door, the other is out next to the fence. One is a pure lilac color, rich, and yummy. The other is a lighter, daintier, yummy color. Both plants reach up for the sun, so the blooms are high up. I highly encourage you to try these shrubs if you have not already done so. They thrive in our clay soil.

The other thing I highly encourage you to do is to visit the Hulda Klager Lilac Festival garden in Woodland. The peak time will end soon, so get to it. They have the many varieties, underplanted with lots of color. The original home is there to visit during this festival only. The rest of the year it is closed. There are usually Master Gardeners to talk to and there are plants to buy. They also have lilac themed gifts. I bought a pretty little quilted wall hanging there the first year I visited when I moved to Clark County.



Types of lilacs include 'Miss Kim', which is small, keeps its natural shape and produces a bold showing of flowers.

Japanese Tree lilac is a tree-form, has white flowers ranging from six to 12 inches in length. "Wedgewood Blue" is compact, matures at only six feet, and has flower clusters of lavender blue. "Yankee Doodle" is a small lilac bush with deep purple, fragrant blooms. It is more cold hardy than other species, suitable for zones two through eight. It grows six to ten feet tall and five to six feet wide. 'Bell de Nancy' has double pink flowers grows eight to ten feet tall, six to eight feet wide and blooms in late spring to early summer. 'Madame Lemoine' has white double flowers, stands up to 15 feet high and 12 feet wide. 'Primrose' is a standard-size that grows ten to 15 feet tall and six to ten feet wide. It is notable for its yellow flowers that still deliver the beloved sweet lilac fragrance.

So it would appear that there is something for everyone. Garden On!